



# Enjoy life in Spain

*with peace of mind about your health*

Advanced preventive health assessments  
designed for proactive living



# Prevention starts with Awareness

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Preventive health begins with understanding where you stand — before symptoms appear.

Our comprehensive assessments combine advanced imaging, in-depth laboratory analysis and personal medical guidance to give you a clear and complete view of your health.

Because the choices you make today influence how well you live tomorrow.

# Our assessment programmes

## Core

A comprehensive overview of your current health and key risk factors



### Imaging

- ✓ Abdominal ultrasound
- ✓ X-ray thorax



### Laboratory analysis

- ✓ Comprehensive blood panel
  - inflammatory markers
  - cardiovascular markers
  - metabolic markers
  - hormones
- ✓ Urine analysis
- ✓ Stool analysis



### Physical examination

- ✓ Biometry



### Medical review

- ✓ Personal consultation
- ✓ Detailed written report
- ✓ Personalised health advice
- ✓ Referral guidance

## Advanced

A deeper assessment for a more detailed evaluation of your long-term health



### Imaging

- ✓ MRI Brain
- ✓ MRI angiography
- ✓ MRI abdomen
- ✓ MRI pelvis
- ✓ MRI prostate\*
- ✓ CT thorax
- ✓ Breast ultrasound\*



### Laboratory analysis

- ✓ Comprehensive blood panel
  - inflammatory markers
  - cardiovascular markers
  - metabolic markers
  - hormones
- ✓ Urine analysis
- ✓ Stool analysis



### Physical examination

- ✓ Biometry
- ✓ Blood pressure
- ✓ ECG
- ✓ Lung function test



### Medical review

- ✓ Personal consultation
- ✓ Detailed written report
- ✓ Personalised health advice
- ✓ Referral guidance

\* Gender specific assessments

# How it works

## STEP 1 Personal intake

We begin with a comprehensive medical intake to review your history, current health concerns and personal goals. This can take place at your home or via teleconsultation — depending on your preference and location.



## STEP 2 Assessment day at HCB Dénia

Your imaging examinations take place at the hospital using advanced diagnostic equipment. The process is efficient and completed within half a day.



## STEP 3 Analysis & Reporting

All findings are carefully reviewed and compiled into a clear, structured report outlining your current health status and potential risk factors.

## STEP 4 Personal consultation

You receive a detailed explanation of your results and personalised advice. If needed, we provide guidance for further referral.

# Why choose Prevscan



## Hospital-based diagnostics

All imaging examinations take place at HCB Dénia, using state-of-the-art medical equipment in a professional clinical setting.



## Medical leadership

Your results are reviewed and interpreted by experienced physicians with a strong focus on preventive care.



## Structured, comprehensive assessments

We combine imaging, laboratory analysis and physical examination into one coherent health evaluation.



## Personal guidance

Clear reporting, personalised advice and support with referrals if needed.



## Efficient and accessible

Most assessments are completed within half a day, with minimal disruption to your routine.



## Multilingual service

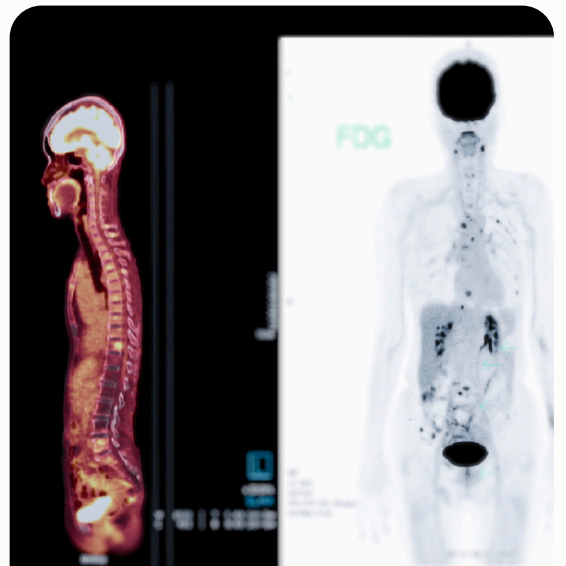
Consultations available in Dutch, English and Spanish.

# Tailored Diagnostic Options

While our Core and Advanced programmes provide a structured foundation, some individuals benefit from further, targeted evaluation.

We offer additional imaging, cardiovascular assessments, hormonal profiling, (epi)genetic testing, microbiome analysis, bone density analysis and specialised laboratory investigations — always selected based on your personal health goals.

Every expanded investigation is guided by medical expertise, ensuring relevance, precision and clarity.



# Experiences from our clients



Robert Bridgeman

## **“A valuable step towards a healthier life.”**

The team provided excellent guidance in my own language and the examination was both thorough and personalised. Everything was clearly explained, and I left with real confidence in my health.

## **“Professional, yet personal”**

I appreciated how much time was taken to listen to my individual health questions. The process felt thorough, efficient and carefully explained, giving me genuine peace of mind.



Frederiek W.



Kim & Marc

## **“A wonderful experience to do together.”**

As a couple, we found the entire process structured and reassuring. The team answered all our questions and made the day calm, efficient and well organised.

## **“A valuable investment in your health.”**

The assessment was professional, detailed and far more comprehensive than I had previously experienced. The day was well organised, and I felt reassured knowing nothing had been overlooked.



Tim H.

# Invest in the years ahead

Modern preventive medicine allows us to detect risk earlier than ever before.

Through advanced diagnostics and personalised interpretation, it becomes possible to protect, optimise and extend your healthspan — the years lived in good health.

The earlier insight begins, the greater the opportunity for meaningful intervention.

Schedule your preventive health assessment today and gain clarity about your long-term wellbeing.